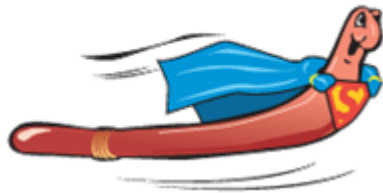


2014 “Earthworms” Youth Eco-Teams Program



This is our final week. Thank you for participating in the program!

Guidelines for Environmentally Responsible Shopping:

- Choose products of **good quality**; they last longer before they become garbage.
- Choose products with the **least amount of packaging**.
- Choose products with **recyclable packaging**.
- Choose products that are **nontoxic**.
- Choose products that are **produced closest to home**.
- Choose products that are **made from recyclable materials**.
- Choose products that are **used (secondhand)**.
- Choose products that are **not tested on animals**.
- Choose products that are easily **biodegradable**.
- Choose products that are **compostable**.

Make Your Own Non-Toxic Paint!

1 cup salt * 1 cup flour * 1 cup water
Food coloring



Make Your Own Salad Dressing!

1 cup of olive oil
1/2 cup of Apple cider vinegar
2 tablespoon of whole grain mustard or dijon type mustard
2-3 cloves of garlic minced
1 teaspoon of onion powder
1/2 teaspoon of dried thyme
1/2 teaspoon of dried basil
1 teaspoon salt
Optional: 1 tablespoon sugar or honey

Combine all ingredients and mix well before using.

